

Hollymead Hammerheads

2011 Swim Season

Team Rules & Code of Conduct

- All posted pool rules apply before, during, and after practices.
- All swimmers shall conduct themselves in a sportsmanlike manner prior to, during and immediately following swim practices and meets. In addition, the following guidelines shall apply to Hollymead swim team members during swim practices and meets:
 - Swimmers shall refrain from offensive, abusive or insulting language whether directed at others or not.
 - Swimmers shall be present and accounted for on the pool deck or its immediate environs during swim meets.
 - Children who are not participating on the swim team are not permitted to be in the pool during practices or meets. (This applies to the baby pool as well.)
 - All kids must leave the pool premises at 11:00 after practice, and the pool deck must be cleared.
 - All swimmers are expected to attend practice every day and to notify coaches of excused absences in advance.
 - Coaches will use their discretion based on attendance, performance, and behavior when planning meets. Swimmers who do not attend or participate in practices will not swim as many events as other swimmers.
 - Swimmers who miss their event at a meet will be spoken to by a coach. If the swimmer misses another event, a parent will be notified and the situation discussed. All communication will be documented in the coach's notebook. Participation in future meets may be limited; however, a swimmer will not be pulled from any event during the current meet.
 - Children are not to be left unsupervised at meets and behavior should be monitored.
 - Children MUST inform coaches before leaving a meet early, whether or not they are signed up to swim in later events.
 - Any child who refuses to co-operate with a coach or shows disrespect to another team member will be dismissed from the practice or meet and the parent will be notified. Any swimmer who is dismissed a second time will be suspended from the team without any refund of registration fees.
 - Each family must have one adult present at all meets and working in a volunteer position.

Swimmers who violate team rules shall be referred to the Head Coach for counseling. Violations shall be recorded in writing and, at the discretion of the Head Coach, shall be communicated to the parents. For violations deemed by the Head Coach to be significantly harmful to the team or specific others, a "three strikes" policy will be enforced.

Three significant violations in one swim season may, at the discretion of the Head Coach, result in:

- 1 Suspension from practice
- 2 Suspension from remainder of ongoing meet
- 3 Suspension from next meet
- 4 Expulsion from team
- 5 Bar to registration in subsequent season(s)

Parent signature (I have read and agree to comply with and support the Hollymead Swim Team Code of Conduct.)

Name of swimmer(s)